



Mansour Assar, MD FACC

Sina Nafisi, MD

## Advanced Heart and Vascular Institute

1331 N 7<sup>th</sup> Street Suite 190 • Phoenix Arizona 85006

Tel: (602) 507-6002 Fax: (602) 507-4339

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You are scheduled for \_\_\_\_\_

On \_\_\_\_\_

You will need to check in at \_\_\_\_\_ am pm

Your procedure will be at \_\_\_\_\_ am pm.

You are scheduled at:

St. Joseph's Hospital  
350 W Thomas Rd.  
Phoenix, AZ 85013  
602-406-3000

Banner Good Samaritan Medical Center  
1111 E McDowell Rd.  
Phoenix, AZ 85006  
602- 839- 2000

St. Luke's Medical Center  
1800 E Van Buren  
Phoenix, AZ 85006  
602- 251- 8100

Cobra Valley Community Hospital  
5880 S Hospital Dr  
Globe, AZ 85501  
928- 425- 3261

### Instructions

- **DO NOT EAT OR DRINK AFTER MIDNIGHT, THE NIGHT BEFORE YOUR PROCEDURE.** If your procedure is schedule after 2:00 p.m., you may have a light breakfast before 7:00 a.m.
- Take a shower the night before and the morning of, with an antibacterial soap such as Dial.
- If you take Plavix/baby aspirin, please continue taking your scheduled dosage. Unless otherwise instructed by the physician.
- If you take a water pill, please do not take it the morning of your procedure.
- If you are on Coumadin/Warfarin, **Stop** taking it five days prior to the procedure.
- If you are allergic to Contrast dye or Iodine, it will be taken care of in the hospital.
- If you are a diabetic and take:
  1. Insulin, take only 1/3 of your a.m. dose the morning of your procedure.
  2. Glucophage/Metformin, **Do Not** take it for 2 days prior to your procedure.
  3. Other oral medications, **Do Not** take them the morning of your procedure.
- Bring a detail list of your **Medications** and **Allergies** with you to the hospital.
- Bring your **Insurance Card** and **Picture ID.**
- Do not wear any jewelry or makeup on the day of your procedure. Please leave all valuable at home.
- Make sure you have someone to drive you home upon discharge.
- Please contact our office to schedule an appointment two- three weeks after discharge to follow up on your procedure

If you have any question or concern, please contact **Nancy at 602-507-4243.**